

Marshalswick Community Centre

Activities and regular hirers

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MONDAY

Morning - 11.00am	AVAILABLE FOR HIRE	
11.30am - 12.30pm	STRETCH & STABILISE Daniel Kraft	Tel: 07536 181 250
2.00pm - 4.00pm	ALZHEIMER'S GROUP Jennifer Smith	Tel: 07860 372 530
4.30pm - 5.45pm	AVAILABLE FOR HIRE	
6.15pm - 8.15pm	TIGER FIGHT ACADEMY Syed Hussain	Tel: 07713 565 395

TUESDAY

9.15am - 10.15am	MAT PILATES Yasemin Ozay	Tel: 07796 028 051
10.45am - 12.45pm	STROKE CLUB Pam King	Tel: 01923 661555
1.30pm - 2.30pm	MS SOCIETY YOGA Mary Coyne	Tel: 07508 601 066
3.00pm - 6.00pm	AVAILABLE FOR HIRE	
7.00pm - 8.00pm	SW DANCE ACADEMY Suzie Wallington	Tel: 07771 801 557
8.30pm - 9.30pm	MAT PILATES Yasemin Ozay	Tel: 07796 028 051

WEDNESDAY

9.45am - 12.15pm	LITTLE SUNBEAMS (Children's music classes) Laura Dannan	Tel: 07956 385222
12.45pm - 3.30pm	AVAILABLE FOR HIRE	
7.30pm - 9.30pm (1 st , 3 rd , 4 th week in month)	ST. ALBANS ART SOCIETY Stephanie Benbow	Tel: 07738 762 820
6.30pm - 9.30pm (2 nd week in month)	CITY WI Sandra Pidoux	Tel: 07814 681 137

THURSDAY

9.30am - 1.30pm (Fortnightly)	ABIGAIL HARRIS SINGING LESSONS Abigail Harris	info@ahsinging.com
Morning - 1.30pm (Fortnightly)	AVAILABLE FOR HIRE	
2.00pm - 5.30pm	AVAILABLE FOR HIRE	
6.00pm - 7.00pm	RAINBOWS Emma Watson	24thstalbarsrainbows@gmail.com
8.00pm - 9.30pm	FEELGOOD FACTOR ACTING CLASS Catherine Lomax	Tel: 07811 343 189